



DATE	SESSION	LOCATION	TIME
WED. OCT 16	METLIFE LEGAL FAMILY FIRST	Click here to join the meeting	11 a.m. – 12 p.m. PT/ 2 – 3 p.m. ET
MON. OCT 21	BENEFITS ESSENTIALS	Click here to join the meeting	12 – 1 p.m. PT / 3 p.m. – 4 p.m. ET
TUES. OCT 22	ON-THE-LOT BENEFITS FAIR	LIVE ON THE LOT – CALLEY PARK	11:30 a.m. – 2:30 p.m. PT
WED. OCT 23	BENEFITS SYNOPSIS	Click here to join the meeting	11 – 11:30 a.m. PT / 2 – 2:30 p.m. ET
THURS. OCT 24	VIRTUAL BENEFITS FAIR	Click here to register	11 a.m. – 3 p.m. PT/ 2 – 6 p.m. ET
FRI. OCT 25	OMADA HEALTH	Click here to join the meeting	9 - 10 a.m. PT/ 12 – 1 p.m. ET
TUES. OCT 29	LONG-TERM CARE OVERVIEW	Click here to register	9 - 10 a.m. PT/ 12 – 1 p.m. ET
TUES. OCT 29	BENEFITS SYNOPSIS	Click here to join the meeting	12 – 12:30 p.m. PT/ 3 – 3:30 p.m. ET
WED. OCT 30	SECURIAN LIFE INSURANCE	Click here to register	9 - 10 a.m. PT/ 12 – 1 p.m. ET
WED. OCT 30	BENEFITS ESSENTIALS	Click here to join the meeting	12 – 1 p.m. PT / 3 – 4 p.m. ET

BENEFITS ESSENTIALS:

Come to the Benefits Essentials session (50 minutes) and learn about everything Sony Pictures offers, what's new in 2025, and how to take advantage of the benefits available to you.

BENEFITS SYNOPSIS:

Sony Pictures offers amazing benefits to help you focus on your health and wellbeing at every stage of life. Come to the Benefits Voyage – The Synopsis sessions for a quick 30-minute overview highlighting our benefit offerings, as well as what's new in 2025.

LONG-TERM CARE OVERVIEW:

Learn how a Long-Term Care plan can help pay for in-home or residential services required to support covered participants with illnesses or disabilities who need help with daily activities.

METLIFE LEGAL FAMILY FIRST:

Hear how MetLife has partnered with Family First to provide unlimited access to customized caregiving solutions. The benefit is available to you at no additional charge and is 100% confidential.

OMADA HEALTH:

Learn how this program can help you improve your health and manage chronic conditions through smart devices and one-on-one coaching.

SECURIAN LIFE INSURANCE:

Learn about group term life insurance benefits – what it is, why it's important, and how you can evaluate your personal needs.

CAN'T ATTEND A BENEFITS INFORMATION SESSION?

Email SPE_Benefits@spe.sony.com to ask questions, learn about the full range of benefits and perks you can access, and see what's new in 2025.